

Make it easier for your organization to deliver great therapy

Mental health resources to
enhance your team's practice





We help teams work smarter

By providing professionals with the right tools to do the best job

Developed by highly qualified psychologists, our library of evidence-based resources has everything clinicians will need, whatever stage they are at.

Choose from 300+ information handouts, worksheets, exercises, guides, and audio resources, as well

as 2500+ translated versions in over 60 languages. Psychology Tools will enable your team to use the best resources whatever their clients' needs, and always feel prepared for sessions.

Our materials are carefully designed to enhance your team's practice, enabling clinicians to work faster, build expertise, and keep learning.

Your team feel supported

With increases in home working meaning less interaction with colleagues, staff well-being is now more important than ever.

With resources and tools at their fingertips, your team members will

feel supported and well-equipped in their roles. They're energized, knowing they are developing new skills whilst giving their clients the right help.

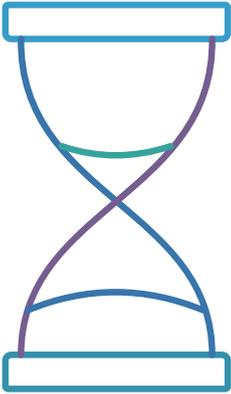
As a team leader there are many pressures and challenges in your role, but knowing your staff have what they need means one less thing to worry about.

The result?

Mental health teams are enabled to work in the smartest way possible. With significant benefits for your organization, you will have more capacity to achieve team objectives and be able to give more clients the high-quality support they need. Which is, ultimately, what it's all about.

Organizational benefits that speak for themselves

Our resources and tools will help increase your team's efficiency and effectiveness in four key ways.



1. Create more time for your clinicians

- Reduce preparation time for client, group, and supervision sessions with everything teams need. From assessment and formulation, to intervention and evaluation – resources are right at their fingertips, in one central place.
- We create and curate resources so your staff don't have to. Choose from worksheets, exercises, handouts, guides, therapy audio, and assessment measures.
- Intuitively organized so that however your clinicians are thinking about their clients, they will quickly be able to find what they need. Therapists can search for specific resources, or browse categories that are meaningful to them.
- Instantly view and download, then print and use. Or save even more time by emailing resources straight to clients securely from our website.

2. Enhance your team's practice

- Our evidence-based materials are designed to help teams deliver better quality therapy and facilitate professional development.
- Help therapists and clients to create stronger theory-practice links, knowing that special attention has been paid to the psychological principles underpinning each resource.
- The descriptions that accompany each tool are designed to help therapists understand why and how each tool works, so that when something isn't effective, they are in a better position to understand what is happening and plan how to move forward.
- Clear instructions and worked case examples mean professionals can pick up new materials confidently, expanding their knowledge and extending their personal toolkit.
- Paraprofessional or low-intensity staff can learn faster and work more independently using our reference tools and helpful step by step guides, meaning they can be of more support to their team, and their clients.
- Use tools in supervision to ensure less experienced staff are learning how to tackle challenging cases.

Organizational benefits that speak for themselves continued



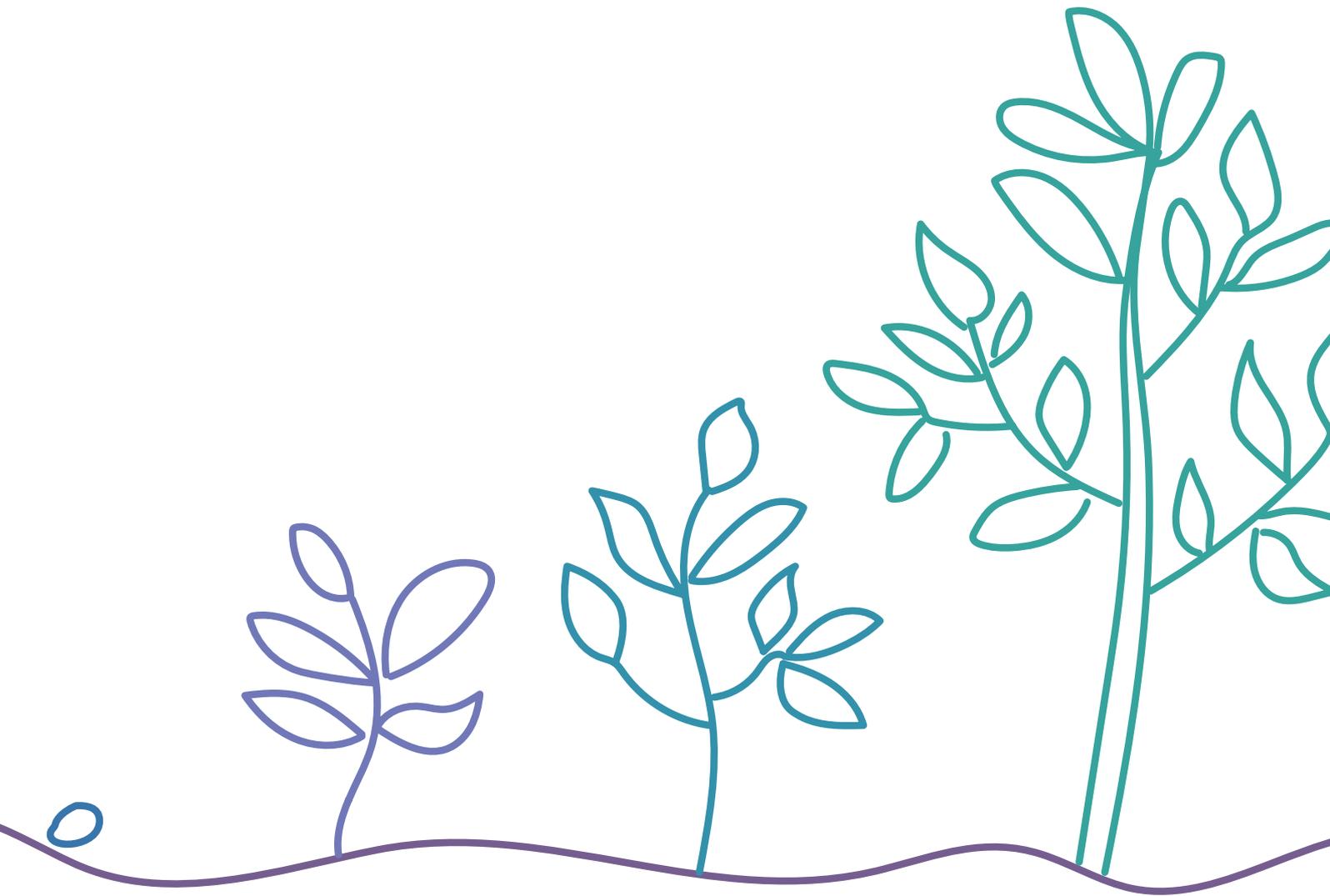
3. Help clients get better faster

- Reduce therapist drift with disorder-specific cognitive behavioral models and transdiagnostic case conceptualization tools that help team members stay 'on model'.
- Flexible resources are available in multiple formats. Find something that works whatever your client's learning style.
- And with 2500+ translated resources in 60+ languages, patients can be supported in their own language, facilitating a quicker, deeper understanding of their treatment.



4. Continuous learning

- Our resource library is always growing. Which means your clinicians' knowledge can keep growing too. New resources, translations, tools and articles are added each month. Your team can learn about latest techniques, models, theories, and research without having to buy in additional resources.
- We are always refining. We make sure that resources are updated, improved, and in line with the latest science and practice.
- We'll let you know every time we add something new to the library, so your team are always up to date and know exactly where to find the latest materials.



An affordable investment in your team that pays for itself

We understand that in today's world everyone is being asked to achieve more with less.

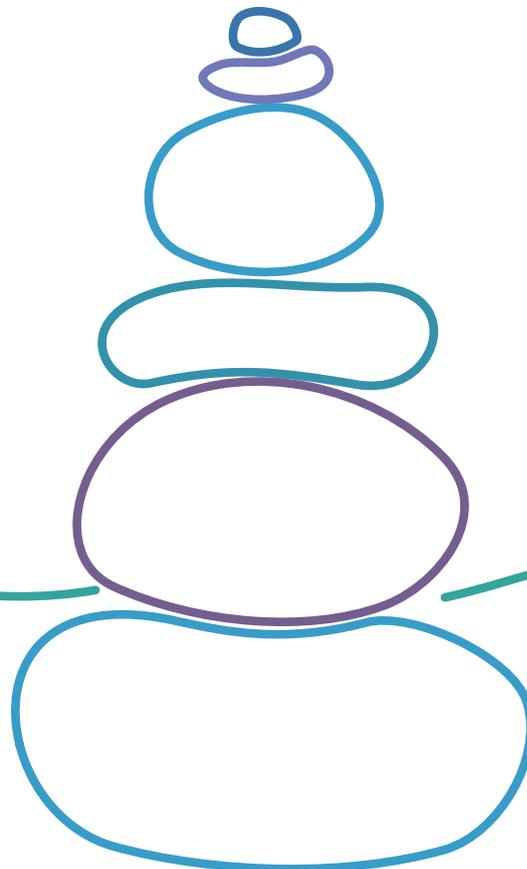
Decisions about how budgets are used are even more crucial to get right.

The value experienced by using Psychology Tools, and the impact our tools will have on your team's performance will be noticeable fast.

We have carefully designed our library so the materials and tools deliver visible, on-going benefits to the way your clinicians work, and how they feel about their practice. We know what a positive difference it makes – both practically and emotionally – when staff feel supported and properly equipped in their roles.

With a Psychology Tools account your staff will have access to

- **Our full resource library:** 300+ evidence-based therapy tools including information handouts, worksheets and exercises.
- **Multilingual resources:** 2500+ translated versions of our tools, in over 60 languages.
- **Therapy audio:** Professionally recorded and covering a wide range of exercises, topics and techniques. They are easy for your team to share with clients as part of their therapy or for self-practice.
- **Guides and workbooks:** Covering more complex topics and new skills development. Especially helpful to support self-practice and low-intensity interventions.
- **Resources for clinicians as well as clients:** Psychological concepts & theory, case conceptualizations, and supervision resources.
- **Multiple formats:** Electronically fillable PDFs, Editable worksheets in Microsoft Word and Microsoft PowerPoint formats, to suit your patients' different learning styles.
- **Email a client function:** Send files to clients securely, directly from the website.
- **Comprehensive, considered, and professionally designed:** Specifically created for easily digestible learning and concept demonstration.
- **New resources added each month:** Tools, learning materials, articles, research reviews and thought leadership released regularly.
- **Instructions for use:** Each resource is accompanied by a full description, instructions and references so it's easy to pick up new tools confidently.
- **Licensed to share:** Your team account allows you to license named team members to use and share resources with their clients.
- **Help centre and support team:** We're just an email away and we're happy to help.



Your questions answered

We know how important the specifics and practicalities are when making decisions.

This page explains more about how the team accounts work, but feel free to contact us at support@psychologytools.com if you'd like to know more.

How does a team account work?

Teams have one owner and multiple members. Each clinician in the team receives their own login details and is licensed to use and share resources with their own clients for as long as the account is active. We know teams change so it's easy to assign and re-assign licenses via your admin control panel. Team accounts can be created for any size (minimum 5 users). They are easy and quick to set up, administer and use.

Can we add extra licenses to the account?

Yes, that's no problem. You can increase the number of licenses at any point throughout the year. It's simple to do and we can invoice you a pro-rata amount.

How much does it cost?

Team accounts are priced per user, charged annually. We offer invoice billing in your own currency so you are clear on exactly what you are paying, and there are no hidden costs. With team accounts, all our resources, tools and features are included so you won't have to pay extra for anything.

Prices start from \$799 USD.

Once we know the size of your team, we can give you an accurate quote. We also offer discounted rates for non-profits, educational institutions, and larger teams.

Need help?

You and your staff will be fully supported by our own help team. We are on-hand to answer any questions about the account or our resources. Just email us at support@psychologytools.com and we will respond quickly. We also have a help centre with how-to guides and answers to frequently asked questions.

We'd love to hear from you.

To receive a quote, just submit your information using the [online form](#) and we'll come straight back to you. You can also email us at support@psychologytools.com if you have any questions or want to know more.